

Be proactive, not reactive or complacent

Who made the test?

For what purpose? What does it measure?

How is the test structured? Time? Question type? Scoring?

S.O.A.P.

Next three steps

The right time to stress is in your preparation, the day of the test day you should be relaxed... so you can perform

Importance / significance of test should serve as motivation to prepare

Too much stress about each test point or the results on test day can interfere with your best performance; test day focus on the immediate task

Adopt or develop a strategy for preparation and approaching each type of question

WORK, both harder and smarter

Use what you all ready know works. Any parallel experiences that apply?

Become familiar with what to expect

What materials exist to give you insight?

Practice to become comfortable; prevent the “blank-out”

Put your mind, body, tools in the best position for success

Mentally prepared

Rested – within routine

Fueled, hydrated

Comfortable

Required tools, contingency tools, eliminate distractions

Actively listen, actively read, follow cues and directions

For Seminar credit:

Complete information and questions in shaded boxes

- Light shading from www.collegeboard.com

- Dark shade from your own thoughts

*items completed when you meet with Mr. Quentner for brief time

This document available online at:

www.bhsgifted.wikispaces.com

PSAT / SAT planning:

	<u>BHS</u>				<u>BHS</u>	?	BHS	?
Senior =	<u>Oct</u>	Nov	Dec	Jan	<u>Mar</u>	May	Jun	
Junior =	<u>Oct</u>	Nov	Dec	Jan	<u>Mar</u>	May	Jun	
	PSAT							
Sophomore=	<u>Oct</u>				<u>Mar</u>	May	Jun	
	PSAT							

PSAT given at BHS during the school day (pd 01-04) mid October every year

SAT hosted at BHS every Oct , March, then May or June

SAT hosted at Hazleton HS each and every time offered

Full testing schedule with specific dates and locations found at www.collegeboard.com

SAT registration generally closes one month prior to test date (can do late registration by paying late fee)

Be proactive:

	S A T	PSAT / NMSQT
Who made the test? (follow 1 st link on reverse)		
Full name? →		Preliminary
For what purpose? What does it measure? What does the name mean?	National _____ Scholarship _____ Test	
To whom is it marketed? Why?		
How is test structured? Time?	___ min instructions, ___ hr ___ min testing time	___ min instructions, ___ hr ___ min testing time
Question Type? Time?	___ timed sections	___ timed sections
	Critical _____ Sections ___ min total	Critical _____ Sections ___ min total
	48 Reading Passage ; ___ sentence completion	___ Reading Passage; ___ sentence completion
	Math _____ Sections ___ min total	Math _____ Sections ___ min total
	___ Multiple choice; 10 _____	___ Multiple choice; 10 _____
	Writing _____ Sections ___ min total	Writing _____ Sections ___ min total
	___ Multiple Choice; 1 _____ (___ min)	39MC= ___ sntnc error, ___ imprv sntnc, ___ imprv par
Scoring		
Reading	MC correct = ___ omitted = ___ incorrect = ___	
Math	MC	
	Grid in/free response correct = ___ omitted = ___ incorrect = ___	
Writing	MC correct = ___ omitted = ___ incorrect = ___	
	Essay = _____ (___ points)	X X X X
	*Most students complete ___ % of SAT *Close to ___ % finish the entire SAT *Average student gets _____ % correct.	← Note difference from a typical HS test. Must you complete every question to do well?
When is it appropriate to guess?		

The right time to stress is in your preparation, the day of the test you should be relaxed... so you can perform your best

The importance/significance of test should serve as motivation to prepare:

What is the importance of SAT?

Too much stress about each test point or the results on test day can interfere with your best performance.

What should be your focus?

Adopt or develop a strategy for preparation and approaching each type of question.

WORK, both harder and smarter!		
Use what you know all ready works. Any parallel experiences?	<i>How do you prepare for typical HS tests?</i>	
What materials exist to give you insight?	http://sat.collegeboard.org/home	www.collegeboard.com/student/testing/psat/about.html
	http://sat.collegeboard.org/practice/sat-study-plan	www.collegeboard.com/student/testing/psat/about/ontest.html
SAT Home→Skills Insight	** http://sat.collegeboard.org/practice/sat-skills-insight	
SAT Home→Practice→Practice Questions	http://sat.collegeboard.org/practice/sat-practice-questions/reading-tips	
	http://sat.collegeboard.org/practice/sat-practice-questions/math-tips	
	http://sat.collegeboard.org/practice/sat-practice-questions/writing-tips	
Practice to become comfortable; prevent the “blank-out”		
	** http://sat.collegeboard.org/practice/sat-question-of-the-day	
	http://sat.collegeboard.org/practice/sat-practice-test	
Other sites w/ SAT prep:	www.studyisland.com www.khanacademy.org www.studentedge.com www.worddynamo.com	

Put your mind, body, testing tools in the best position for success:

Mentally prepared		
<i>Treat SAT like a sixth day of school 7:45-1:00</i>	<i>11 period day:</i>	<i>6 period morning:</i>
	Seating and registration ___ min	Seating and registration ___ min
	Critical Reading ___ min	Critical Reading ___ min
	Critical reading ___ min	Critical Reading ___ min
	Critical reading ___ min	Math ___ min
	Math ___ min	Math ___ min
	Math ___ min	Writing ___ min
	Math ___ min	*****
	Writing ___ min	Different students, at the same time, have... *Different _____/_____ *Different _____/_____
	Writing ___ min	
	Writing ___ min	
	Variable – CR, M, or W ___ min	Be aware, don't let it create anxiety. Focus: U & test
Rested – within routine	*	
Fueled, hydrated	*	
Comfortable	*	
Required testing tools, items		
	http://sat.collegeboard.org/register/sat-test-day-checklist	
	http://sat.collegeboard.org/register/sat-test-day-tips	

Actively listen, actively read, follow cues and directions